



Events for February 2019

February is **Black History Month**. Throughout the month we will be honoring the many contributions and traditions that contribute to our country's rich culture.

Saturday, February 2nd is Groundhog Day. Will the groundhog see his shadow (6 more weeks of winter!)? If he doesn't see his shadow, winter is almost over. Our winter has been cold and bitter so far, and lots of snow!

Saturday, February 2nd is National Wear Red Day, which is Heart Month. The American Heart Association focuses on woman's heart health by asking everyone to wear red today.

Sunday, February 3rd is Super Bowl Sunday: At 3:30pm we will have a Super Bowl Party. Snacks and refreshments will be served. The football game will be on in the dining room for our football fans.

Thursday, February 14th is Valentine's Day. At 3:30pm we will have a Valentine's Day Party. Sweets, treats, and punch will be served. A great time is guaranteed for all! Family and friends are welcome to join us.

Tuesday, February 5th Chinese New Year begins. It lasts for 15 days. It is the year of the pig.

Monday, February 18th is President's Day. Let's learn more about our presidents. George Washington and Abraham Lincoln are both honored on this day.

Saturday February 23rd is our February Residents' Birthday Party. At 3:30pm we will have cake and ice cream and celebrate all our February birthdays. Family and friends are welcome to join your loved ones on this special day.

ZENSATIONAL

WELLNESS AT MEDILODGE OF PLYMOUTH

zen•sa•tion•al *noun* /zen'sāSHənəl/

1. A state of mind and an active process where you join with MediLodge on your journey to Recover, Rejuvenate, Revitalize and Return Home.
2. A whole person wellness centered philosophy, experienced in a relaxed and soothing environment.

"Life does not hurry, yet everything is accomplished."

MediLodge's approach to zensational wellness is an active process in which each lodger and employee are encouraged to make choices toward personal growth in seven dimensions of zensational wellness: physical, social, emotional, spiritual, intellectual, occupational and vocational. The goal of our whole person wellness program is to recognize the unique individuality of every person at our Haven for Healing.

Happy Birthday!

Staff

2/06 Patricia C.
RN

2/19 Danette B.
LPN

Resident

2/05 Zach S.

2/10 Shirley R.

2/18 Lois B.

2/19 Rosemarie C.

2/21 Bernice H.

2/24 Dorothy W.

Employee Anniversaries

2/06 Patricia C.
RN

2/19 Danette B.
LPN

Flower of the Month:

Violet

Birthstone:

Amethyst

Zodiacs:

Aquarius (The Water Bearer)

February 1-18

Pisces (The Fish)

February 19-28

ATTENTION BEAUTY SHOP SERVICES!!

Payment is due upon services rendered. Cash or check ONLY please. Make checks payable to Cathy Bester. Place in an envelope with Cathy's name and your loved ones name on it then place in black locked box on the wall near the business office. Thank you for your cooperation.

Resident Christmas Party



Resident Christmas Party ...cont'd



IMPORTANT

Dear Medilodge of Plymouth Residents and Families,

We must be notified of any insurance policy provider changes. Contact our Business Office immediately when there are any changes to the Resident's medical insurance provider(s).

This includes when you apply for Medicaid benefits or you change the Medicaid Plan. This is necessary for billing purposes.

Keep our Business Office updated of any insurance changes. Thank You.

We Need Your Help!

This is an important routine to be completed as needed and seasonally. Our cozy home has limited space for resident belongings. It is time to come in, clean out your loved one's closet and remove excess clothing and items.

We ask that no more than 5 sets of clothing are kept in the closet. Laundry has a 24-hour turn-around time to wash and return clothing to our Residents.

Did you know - nothing can be placed atop the closets. Please remove any personal items from the top of the closet.

Thank you for your cooperation

~The Medilodge of Plymouth Caring Partners Staff ~



MEDILODGE OF PLYMOUTH

395 W. Ann Arbor Trail
Plymouth, MI 48170
P: 734.453.3983

www.medilodgeofplymouth.com



www.facebook.com/medilodge

Your Friendly Staff

Administrator

Judy Piccininni LPN, NHA

Admissions Director

Nikiesha Bunton

MDS Coordinator

Ronda Kelley, RN, BSN

Director of Nursing

Manveen Otel, R.N.

Housekeeping/Laundry Director

Chimyra Taylor

Social Service Designee

Cheryl Leino, R.N.

Dietary Director

Martina Fair

Activity Director

Nicole Couchman

Maintenance Director

Jason Rieck

Business Office Director

TBD

February – Word Search

Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. (No backwards.) Good luck!

H	Z	Z	I	U	D	B	D	H	O	I	M	A	B	Y
V	A	L	E	N	T	I	N	E	R	L	E	A	R	D
M	G	E	N	E	R	O	U	S	U	C	D	G	U	I
F	S	Z	B	X	X	J	Y	A	J	I	U	K	R	E
I	I	E	C	A	R	D	I	A	C	N	W	A	D	R
W	M	G	T	R	K	E	J	V	X	N	H	C	H	K
J	C	T	N	E	I	F	D	X	M	O	O	H	E	J
F	Z	X	A	D	N	G	K	U	T	V	N	I	A	E
C	I	H	Z	E	D	Y	Z	K	F	A	O	E	R	D
B	N	E	L	I	N	V	S	S	K	T	R	V	T	I
A	V	A	Q	X	E	E	X	B	X	I	R	E	P	S
S	E	L	H	O	S	Q	S	M	W	O	U	B	M	O
P	N	T	W	H	S	S	F	F	D	N	O	C	J	N
I	T	H	C	H	O	C	O	L	A	T	E	Z	J	W
G	V	Y	H	I	S	T	O	R	Y	C	Q	Q	Y	V

See solution in the March newsletter!

X	W	M	K	X	N	O	I	S	I	L	D	X	G	
S	S	I	S	D	U	U	M	O	H	I	Z	O	I	S
X	W	M	X	P	I	S	R	I	H	K	T	X	I	S
R	T	R	N	E	V	T	R	A	V	E	I	A	Y	N
N	U	N	U	Y	D	S	Q	T	O	G	T	O	C	O
X	E	X	E	N	C	E	I	D	E	N	C	H	S	I
S	G	S	N	P	N	V	N	L	M	K	Y	S	F	T
X	A	D	X	S	G	P	A	D	X	S	G	P	A	D
N	M	X	M	X	M	R	M	A	O	T	R	K	Q	K
Y	Y	A	R	Y	T	Y	A	R	Y	T	Y	A	R	Y
T	K	T	K	V	C	T	K	Y	O	X	O	O	C	E
P	O	L	P	S	O	L	P	O	L	P	S	O	L	P
M	A	M	A	M	A	M	A	M	A	M	A	M	A	M
D	O	D	O	D	O	D	O	D	O	D	O	D	O	D

JANUARY SOLUTION PUZZLE

Word List

- ACHIEVE
- CARDIAC
- CHOCOLATE
- EDISON
- GENEROUS
- HEALTH
- HEART
- HISTORY
- HONOR
- INNOVATION
- INVENT
- KINDNESS
- PIG
- RED
- VALENTINE



Michigan Made